

The No.1 knee rehabilitation device

Using the STAK, patients gained <u>30° increase</u> in knee range of movement in <u>8 weeks</u>



Compared to only 8° in patients receiving standard physiotherapy







The STAK is a clinically proven, patented class 1 medical device for home use which enables the patient to generate the high intensity stretches required to break down the dense scar tissue facilitating new tissues to form; reducing pain, stiffness and improving range of movement, strength and function.





- ✓ The STAK is light, easy to use and re-usable.
- ✓ Use the STAK 3 times a day (20 minute each session)
- ✓ You the patient are in full control of the intensity of the stretch, using your own body weight and leverage.
- ✓ It is safe, highly effective and motivating.

Options for your STAK physiotherapy:

- To enquire and book the STAK programme with our specialist physios, call 07799521653 or email info@stakkneestretcher.com.
- Alternatively, take your STAK to your local physio and send us their contact details to get access to the essential physio training video

